



This 3 ½ hour course includes

- Economics and how fuel can be the greatest outgoing to a vehicle operator.
- Emphasis on how fuel consumption can make the difference between profit and loss.
- Various items fitted to vehicles that can increase fuel consumption.
- Trailer proximity and wind deflector usage
- Explanation of how certain factors can increase fuel consumption
- Speed
- Rain / Snow
- Road surface
- Wind
- Rolling resistance
- Correct use of vehicle controls and how this can reduce fuel consumption
- Breaking
- Clutch control
- Cruise control
- Retarder
- Gear selection
- Explanation of the effects of load height and positioning on the vehicle



- Explanation of the differences that are made by the drivers attitude to driving
- Speeding
- Harsh breaking
- Tailgating
- Cornering
- Benefits that can be made through correct route planning
- Avoidance of undulating roads, inclines and declines
- Forward planning
- Structuring breaks and locations without off route running

The course includes practical exercises and confirmation quiz sheets

